

Activity Daily Log

Instructions: Pleas				=			= =	
on days you did no					=	-	Write specific no	tes below task
list to explain a ch	ange i	n conditi	on or important	note or concern. S	Sign and date fro	om.		
S: A D			Stand-by assistance as needed or caregiver supervision Assistance from caregiver required to complete task Dependent, performed by caregiver Independent, performed without any assistance from caregiver					
		I= X=	-	, performed with while on shift	nout any assist	ance from care	egiver	
			Not done on	wille on shirt				
Date	Mo	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shift Time NA=Did not work								
Bathing								
Grooming								
Meal Preparation								
Medication Reminder								
Dressing								
Exercise								
Transferring								
Toileting								
Appointments, transportation								
Light								
Housekeeping Other:								
other.								
Notes:								
Cargiver Signatu	re:				Date):		

ADLs are due by 5pm every Monday the following Monday by 5pm of every week.

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